



Family Prayer

The home of a Christian family is called the domestic church. This is because Christians first hear about Christ and learn their faith at home. The home is meant to be a community of grace and prayer and a school of human virtues and Christian love.

Make your home a reflection of what it means to be the domestic church. As a family, designate one place in your home as the family prayer center. Place in it a candle, a Bible, and a cloth matching the color of the liturgical season. Include pictures of people you want to pray for and a bowl of holy water. Use the water to bless yourself and one another. Gather there with your family daily or on special days, like birthdays, to pray a blessing.

