

## **FFF FAMILY SERVICE OPPORTUNITIES 2025**

Just like last year, we will have the opportunity to put our servant's hearts into action!

**We will not have a gathering in May, rather your family will choose a way to volunteer and serve others together!**

These projects focus on helping the poor and vulnerable, caring for the earth, being present to the homebound, and more. Please see the list of suggested opportunities and either choose one or contact us if you'd like to suggest another service project. You can serve together with other families or do it with your own family. Make it fun! Make it a part of your regular family practice of faith.

Please complete the response form that will let us know what you did, and what you learned from it. Projects should be completed by June 2<sup>nd</sup>.

We are looking forward to seeing all the good, kind, and selfless work!

**NOTE: Family Response Form Due by June 2<sup>nd</sup> – this will serve as *your attendance for May*.** Click here: <https://forms.office.com/r/Dgrws0BYR0?origin=IprLink>

| <b>Service PROJECT/AGENCY and DATE</b>   | <b>Type of service work &amp; details</b>   | <b>CONTACT PERSON &amp; INFO</b>   | <b>Restrictions and other information</b>  |
|--|---|--|--|
| <b>Haiti-Packathon</b><br><b>Friday, January 10</b><br><b>7-9</b><br><b>Saturday, January 11</b><br><b>10-12</b><br><b>1-3</b><br>Presentation | -Packing meals for the vulnerable and marginalized of Haiti. This is the same event we had here at Presentation, just at a different location.                  | Maureen Murphy<br>Marilou Tenazas  | All ages welcome<br>Families work together in teams<br>*Family Event   |
| <b>Family Promise of Bergen County</b><br><b>Hike for Hope</b><br><b>Sunday, May 4</b><br><b>11:30 (Ridgewood, NJ)</b>                         | -Three mile walk in support of working families facing homelessness   | <a href="http://www.bergenfamilypromise.org">www.bergenfamilypromise.org</a>   | Must register in advance and pay registration fee of \$30.00.<br>-All ages welcome<br>*Family Event  |
| <b>Community Food Bank of NJ</b><br><b>(Hillside, NJ)</b><br>(Must be serving)   | -Sorting and packing donated food; sorting and packing clothing in the kids closet; etc. A great place to serve!<br>-(2 hr shifts – see website for open dates) | Tracey Hendricks<br><a href="http://www.cfbnj.org/volunteer">www.cfbnj.org/volunteer</a><br><a href="mailto:thendricks@cfbnj.org">thendricks@cfbnj.org</a><br>908-355-3663 ex. 221 | Volunteer App. Required<br>Advanced registration required<br>*Ages – 12 and over<br><b>NOTE: There is a JUNIOR VOLUNTEER DAY for families with kids ages 6-11 and parents on:</b><br>April 12, 9am-11am and 11:30am-1:30pm<br>May 31, 9am-11am and 11:30am-1:30pm. |

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| <b>Human Needs Food Pantry Montclair</b>                                     | They need help sorting, bagging and distributing food to the needy. Most work is in 2 hour shifts.  | Go to <a href="https://www.humanneedsfoodpantry.org/">https://www.humanneedsfoodpantry.org/</a> for more information.   | *Ages – 12 and over<br>Tuesdays and Thursdays   |
| <b>Market Street Mission Soup Kitchen</b><br>(Market Street, Morristown, NJ) | Serving (2) meals for residents and the hungry and homeless.  | Debbie McKenna<br>(973)538-6337   | <a href="mailto:DMckenna@MarketStreet.Org">DMckenna@MarketStreet.Org</a><br>Market Street Mission<br>9 Market Street<br>Morristown, NJ 07960<br>*Ages – 12 and over |
| <b>Children’s Aid and Family Services</b><br>(Paramus, NJ)                   | Provides services that protect and support vulnerable children, adults and families. They have many things to do with adults with Special needs and other programs and collections.                                   | <a href="mailto:volunteer@casfnj.org">volunteer@casfnj.org</a><br>201-740-7104  | *Family Event   |
| <b>Hackensack Riverkeepers River cleanups</b>                                | -Help maintain the river by cleaning up   | <a href="https://www.hackensackriverkeeper.org/rivercleanupprogram">https://www.hackensackriverkeeper.org/rivercleanupprogram</a>   | Must register in advance<br>*See website for Clean up events  |
| <b>Catholic Charities, Paterson Fr English Center</b>                        | You can work in the thrift store or in the food pantry organizing and sorting donations. You can also work outside in the gardens or doing general cleanup. There is a lot to do!                                     | Contact <a href="mailto:croidan@catholiccharities.org">croidan@catholiccharities.org</a><br>or<br><a href="mailto:aalonso@catholiccharities.org">aalonso@catholiccharities.org</a><br><a href="https://ccpaterson.org/frenglish">https://ccpaterson.org/frenglish</a> |   |
| <b>Keep Rockland Beautiful</b>   | -Choose a community clean up event and work together to beautify Rockland County  | <a href="#">Keep Rockland Beautiful – Working Together for a Cleaner, Greener Rockland</a>  | Dates being in Spring -All ages welcome   |
| <b>Bergen Volunteers</b>   | Volunteers can work outside, do arts and crafts, serve meals, etc.  | <a href="https://volunteer.bergenvolunteers.org/need/index?s=1&amp;need_init_id=1618">https://volunteer.bergenvolunteers.org/need/index?s=1&amp;need_init_id=1618</a>   | Has various opportunities for those ages 12 and up and their families.  |
| <b>Jersey Cares</b>  | This organization offers <i>many</i> service opportunities for ages 4-20! Parents too! There are many events in various locations in NJ outside in parks and towns. Mobile marketplaces serve meals to those in need. | <a href="https://www.jerseycares.org/youth-service">https://www.jerseycares.org/youth-service</a>   | Various projects and dates and times. *You must do something in person, not virtually. There are many events on MLK Day!  |